

Greythorn Primary School Canteen Menu 2018

Lunch orders can be made online by going to www.myschoolconnect.com.au and registering your child. All orders must be in by 9am.

Please note the menu is subject to change and seasonal items maybe with drawn or added. Please check online for any changes.

Hot Food

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| Homemade Spaghetti Bolognaise GF | \$5.00 |
| Macaroni Cheese | \$4.50 |
| Lasagna | \$4.50 |
| Baked potato with/without cheese, butter, sauce GF,V | \$3.50 |
| Mexican potato (salsa, cheese & avocado) V | \$4.50 |
| Corn cob with /without butter & salt GF,V | \$1.00 |

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| Homemade Pizza – Margarita V | \$3.50 |
| Homemade Pizza – Ham and Pineapple | \$3.50 |
| Garlic Bread V | \$1.00 |
| Chicken Burger with Lettuce & Mayo | \$4.00 |

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| Steamed Dim Sim | \$1.00 |
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| Hot Dog | \$4.00 |
| With Cheese | \$4.50 |

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| Chicken Crackles | 4 for \$3.50 |
| | 6 for \$5.00 |

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| Meat Pie | \$4.00 |
| Party Sausage Roll | \$1.20 |

Sandwiches / Rolls / Wraps:

All sandwiches are made with whole meal bread

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| Vegemite | \$2.50 |
| Cheese | \$3.00 |
| Salad | |
| (Lettuce/Tomato/cucumber/Beetroot/Carrot) | \$4.00 |
| With cheese /avocado | \$4.50 |

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|-------------------------------------|--------|
| Ham / Roast Chicken | \$4.50 |
| Ham and Cheese | \$4.50 |
| Ham, cheese and tomato | \$4.50 |
| Ham and Salad | \$4.50 |
| Roast Chicken, Lettuce and Mayo | \$4.50 |
| Roast chicken, lettuce, and avocado | \$4.50 |

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| TOASTED | <i>Add</i> | .40 |
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Salad Boxes

Roast Chicken, Avocado, Bacon, Lettuce, and Tomato, Cucumber tossed with mustard seed dressing \$5.00

Garden Munch Salad (lettuce, cherry tomato, grated carrot, and cucumber **GF, V**) \$3.70

Snacks - Available Recess and Lunch

Snack pack (carrot sticks, rice crackers and cheese cubes) \$1.50

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| Carrot sticks OR Cucumber rounds GF,V | \$0.50 |
| Plain Rice Crackers | \$0.50 |
| Apple Slinky | \$1.00 |
| Fruit salad cups GF,V | .50 |
| Homemade Popcorn (<i>lightly salted</i>)GF,V | \$1.00 |
| Red Rock Deli Chips Plain/Honey Soy | \$1.50 |
| Choc Chip Cookies (Large) | |
| (GF available – please indicate) | \$1.00 |
| Choc Chip Cookies (small) | .50c |
| Homemade Mini / Regular Muffins \$ 0.50/\$1.00 | |
| (<i>Varying flavors</i>) | |
| Gingerbread people | \$2.00 |
| Jelly cups (lime and raspberry) | \$1.00 |
| Jelly and custard cups | \$1.00 |
| Custard cups | \$1.00 |

Frozen

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| * Frozen Pineapple stick | .50c |
| * Frozen watermelon wedge | .50c |
| Frozen Juicy Tubes | \$1.00 |
| * Frozen Yoghurt – Raspberry/Strawberry | \$2.00 |
| * Vanilla Ice Cream Cup | \$1.50 |
| * Moosies (chocolate or strawberry) | \$1.20 |

Drinks

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| Focus Water (raspberry) | \$2.00 |
| Juice Box – Apple or Tropical | \$2.00 |
| Nippy's LF Flavored Milk: | |
| Chocolate or Strawberry | \$2.00 |
| * Sipahh straws and cup LF milk | |
| (Cocoa bean chocolate, luscious strawberry, Velvet vanilla, smooth caramel) | \$2.00 |

Extras

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| Tomato sauce sachet | .20c |
| Soy Sauce fish (for sushi) | .20c |
| Paper Lunch bag | .30c |
| Spoon or Fork | .10c |

Daily Specials

MONDAY

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| SUSHI | |
| Fried Chicken or Avocado Sushi | \$3.00 |
| Soy Sauce | \$0.20 |

TUESDAY

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| Fried Rice made in the canteen | \$4.50 |
| (Carrot, peas, corn, bacon, Tamari sauce) | |

WEDNESDAY -

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| Choice of wrap or sub | |
| Sweet chili, lettuce and mayo | |
| OR | |
| Chicken tender, lettuce and mayo | |
| | \$5.00 |

THURSDAY

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| WOK DELIGHT | |
| Homemade Honey Soy Chicken & rice | \$5.00 |

FRIDAY

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| SUSHI | |
| Fried Chicken or Avocado Sushi | \$3.00 |
| Soy Sauce | \$0.20 |