PRINCIPAL'S REPORT

Parents are reminded that the first day of Term 2, Monday 11 April, is a student-free day. Students do not attend school on that day.
Please contact OSHClub if you need to arrange childcare for 11 April, or during the holidays.

Thank you to our Junior School Councillors, who are very excited about their first event for 2016. The free-dress day on Thursday raises funds for The Good Friday Appeal (The Royal Children's Hospital) via gold coin donations, and coincides with the Junior School's Easter Hat Parade. It is sure to be an enjoyable day to end the term.

Our teachers have been meeting with their teams to complete their Term 2 planning. This has led to some rearrangement of specialist classes to release all teachers in a team to plan together on the same day. Planning is being spread over two weeks to prioritise this work, without compromising our specialist programs. Teachers plan before, during and after the actual team ‘planning day’ as they organise units of work, assessments and learning tasks for students in their levels.

Some exciting news: Builders are expected to be working at the school over the holidays, following approval for some significant structural repairs to some of our buildings. We are meeting with DET officials to scope this work today and will look forward to sharing details after the break.

At the March School Council meeting, the Gifts and Benefits Policy was ratified. It can be found on our website under the About Us / Policies tab or by clicking here.

Parents are reminded that our school website contains DET suggestions on talking with children about traumatic events, such as those in Brussels. These can be found under the Parent Information tab, or click here.

Finally, congratulations to:
- Noah D (5J) on his selection as one of the gymnasts at an Australian Institute of Sport camp in February.
- Amber D, Georgia G, Maddie D, Steph B, Rebecca G, Alex B, Ben C, Aren D and their parents for supporting them in their Run for the Kids last Sunday
- Kirsten Hall, who has recently joined the Education Support Staff as our new integration aide. Welcome Kirsten!
- Michelle and Lee Freeman on the birth of their beautiful son Courtney. We are all looking forward to meeting Courtney soon, but have heard that Michelle is loving her new life as a mum.

Thank you to all staff and parents for your efforts throughout the term in supporting our enthusiastic students. It is hard to believe that term one is almost over. Students will be dismissed at 2:30 p.m. on Thursday.

I wish all families a safe and happy holiday before school resumes for Greythorn students on Tuesday 12 April.

Kind regards,
Kim Dray
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday</td>
<td>24 March - Last day of Term 1 - students dismissed at 2.30pm</td>
</tr>
<tr>
<td>Monday</td>
<td>11 April - Student Free Day</td>
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<tr>
<td>Tuesday</td>
<td>12 April - Term 2 commences at 8.55am</td>
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<tr>
<td>Wednesday</td>
<td>13 April - 1st Chess Club of Term 2 at 1.00pm in the Year 5 area</td>
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<tr>
<td>Thursday</td>
<td>14 April - Parent Helper Night 7.15pm-8.30pm</td>
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<tr>
<td>Friday</td>
<td>15 April - Mothers’ Day High Tea 11am at Kooyong Tennis Club</td>
</tr>
<tr>
<td>Wednesday</td>
<td>20 April - Year 4 Camp Oasis returning Friday 22 April</td>
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<tr>
<td>Friday</td>
<td>22 April - Parent Helper briefing 9.05am-9.35am</td>
</tr>
<tr>
<td>Monday</td>
<td>25 April - Anzac Day Public Holiday</td>
</tr>
<tr>
<td>Tuesday</td>
<td>26 April - Year 1 Swimming commences (concludes 6th May)</td>
</tr>
<tr>
<td>Wednesday</td>
<td>27 April - Life Skills Year 3 and 4</td>
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<tr>
<td>Thursday</td>
<td>28 April - Life Skills Year 3 and 4</td>
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<tr>
<td>Wednesday</td>
<td>4 May - Life Skills Year 3 and 4</td>
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<tr>
<td>Thursday</td>
<td>5 May - Life Skills Year 3 and 4</td>
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<tr>
<td>Friday</td>
<td>6 May - Boroondara Eisteddfod</td>
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<td>Monday</td>
<td>9 May - GPS Cross Country</td>
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<tr>
<td>Monday</td>
<td>9 May - 2017 Prep Information Session and School Tours 7.00pm in the Hall</td>
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<tr>
<td>Tuesday</td>
<td>10 May - NAPLAN</td>
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<tr>
<td>Wednesday</td>
<td>11 May - NAPLAN</td>
</tr>
<tr>
<td>Wednesday</td>
<td>11 May - 2nd Chess Club at 1.00pm in the Year 5 area</td>
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<tr>
<td>Wednesday</td>
<td>11 May - Life Skills Year 3 and 4</td>
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<tr>
<td>Thursday</td>
<td>12 May - Life Skills Year 3 and 4</td>
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<tr>
<td>Thursday</td>
<td>12 May - NAPLAN</td>
</tr>
<tr>
<td>Saturday</td>
<td>14 May - 2017 Prep Information Session and School Tours 9.30am in the Hall</td>
</tr>
<tr>
<td>Sunday</td>
<td>15 May - Term 2 Working Bee</td>
</tr>
<tr>
<td>Monday</td>
<td>16 May - Education Week</td>
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</tbody>
</table>
Parents are advised that at this stage there are no plans for a school trip to Noumea in 2017. Parents will be informed and updated about the French program as it evolves under the leadership of our current French teachers.

Parents are reminded that if you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for the CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The Camps, Sports and Excursions Fund helps ensure that no student misses out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their achievements.

The annual CSEF amount per student is $125 for primary school students.

To apply, please contact the school office to obtain a CSEF application form or download from the CSEF website. Applications close 3 June 2016.

Admin News

Statements
The Department of Education and Training has revised guidelines for parent payments and the issue of family statements. Schools can follow up notices issued to families with a statement once a term. Family statements will be sent home next week.

Statements are a useful tool to advise parents of outstanding family contributions, balance to pay for families who have chosen option B or C payment methods, and credits available to the family.

For families who have applied for the CSEF, the available balance for excursions or incursions will show on your family statement.

Every family has a unique Bpay reference number, this is clearly printed on the statement. Greythorn Primary School is able to offer parents a number of options for paying family contributions and excursion/incursion notices: Compass, BPay, eftpos, credit card, cash (in a clearly labelled and sealed envelope) and cheque.

Ricarda Lillis
Business Manager

Medical News

We have been informed that a child in Year 3 has chicken pox. Please see the attached information further in this newsletter so you can be aware of symptoms of this contagious disease.

Children with chicken pox are excluded from school until the last blister has dried.

Please note there are risks for pregnant women, and any parent who may be pregnant should contact their doctor for advice.

Lost Property

We still have a the following items of lost property in the office:

- Valuable items relating to Chinese New Year
- A watch
- A child Myki card.

If you have lost any of these items please come to the office.
The following excursions are now requiring parent consent and/or payment

<table>
<thead>
<tr>
<th>Excursion</th>
<th>Date of activity</th>
<th>Year level</th>
<th>Consent online</th>
<th>Pay through Com-</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yr 1 Swimming</td>
<td>Tues 26th April</td>
<td>Yr 1</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Science: ICAS</td>
<td>Tues 31st May</td>
<td>Yrs 5&amp;6</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>English: ICAS</td>
<td>Tues 2nd Aug</td>
<td>Yrs 3 – 6</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Maths: ICAS</td>
<td>Mon 15th Aug</td>
<td>Yrs 3 – 6</td>
<td>Yes</td>
<td>Yes</td>
</tr>
</tbody>
</table>

Events
Please click on the “Event Consent/Payment required” if it is showing on your home page.
Dear Parents

We are presenting an information session on how children develop skills in literacy and what you can do to support them with their literacy learning at home. We will talk about the stages of writing and reading from beginning to fluent, looking at various examples and discussing the importance of building a foundation and developing strategies. This information session will be held in the school hall on Thursday 14\textsuperscript{th} April 7.15 – 8.30pm.

If you are wishing to help in the classroom attendance at this session together with a short follow up session covering the expectations of being a classroom helper to be held on Friday 22\textsuperscript{nd} April at 9.05 – 9.35am in the school staffroom will be most beneficial.

If you wish to attend the information session(s) please sign your name on the form outside each of the prep classrooms or at the office. This is to give us an approximate idea of numbers.

Liz Miller and Laura Smaniotto

### Canteen Bites

Please note - there will be no Honey Soy Chicken until Term 2.

Volunteers are always required and your help is appreciated. Please contact Lynne on 9898 3649 (After hours) or email lynnescraft@hotmail.com if you are able to assist. Thank you.

Please find below the Roster for Canteen duty for Thursday 24th March to Wednesday 20th April 2016.

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 24 March</td>
<td>Chloe Wilson</td>
</tr>
<tr>
<td>TERM 2</td>
<td></td>
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<tr>
<td>Monday 11 April</td>
<td>CURRICULUM DAY</td>
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<tr>
<td>Tuesday 12 April</td>
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<tr>
<td>Wednesday 13 April</td>
<td>HELP NEEDED</td>
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<tr>
<td>Thursday 14 April</td>
<td>Kate Locke</td>
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<tr>
<td>Friday 15 April</td>
<td>Fiona Casey / Wendy</td>
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<tr>
<td>Monday 18 April</td>
<td></td>
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<tr>
<td>Tuesday 19 April</td>
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</tr>
<tr>
<td>Wednesday 20 April</td>
<td>Jessica Zhang</td>
</tr>
</tbody>
</table>

### Recycle Shop News

Sincere thanks to our 3 new volunteers, Maylin, May Ching and Linda, who joined the Recycle Shop roster this term and have made a huge difference in sharing the roster load. Many thanks also for the ongoing support of existing volunteers Andrea, Carolyn, Jo and Caroline.

To all those families who have donated goods for what has been an incredibly busy start to 2016 we remain grateful as do all our customers! Donations may be left at the Recycle Shop during opening times (Wednesday 3-3.30pm and Friday 9-9.30am) or at any time at the Office.
**Sports News**

**Golf**
Students in years 3 to 6 have been learning golf as part of their Physical Education this Term. Greythorn now has a relationship with Box Hill Golf Club and for any students wishing to continue their golfing journey, there is a series of lessons running during these coming holidays. Please see the advertisement later in this newsletter.

**Gymnastics**
Congratulations to Noah D (5J) who was selected in a team of gymnasts to travel to the Australian Institute of Sport for the Gymnastics Australia MAG Team Future Camp on February 26th to 29th. Gymnastics Victoria has featured his video of highlights which you can view here: [http://bit.ly/1T2fobX](http://bit.ly/1T2fobX)

**Run for the Kids**
Congratulations to Amber D, Georgia G, Maddie D, Steph B, Rebecca G, Alex B, Ben C, Aren D and all other students who ran in the Run for the Kids last Sunday. Not only were they practising good fitness habits but they were able to raise much needed funds for the Royal Children's Hospital.
SCHOOL BANKING RETURNS IN TERM 2 ON WEDNESDAY, WEEK 1

Thank you to all our School bankers who so easily moved to a new banking day this term being WEDNESDAY. We hope you enjoyed your Term 1 reward items and look forward to new items being released in Term 2.

A very big congratulations to PREP R who are the first prep class to win the school banking trophy this year. Well done Prep R.

Tanya, Dave and Kate
School Banking Co-ordinators (klocke@iinet.net.au)

FREE DRESS DAY

To coincide with the Junior School ‘Easter Hat Parade’ Greythorn Primary School is taking part in raising funds for the Good Friday Appeal by holding a Free Dress Day on Thursday the 24th of March.

The Good Friday Appeal raises much needed funds for equipment, research and education to support the work of The Royal Children's Hospital. In 2015 funds helped support life changing health outcomes for our sickest and most vulnerable children through 120 innovative programs and projects, including brain tumour clinical trials, purchasing life changing and life-saving equipment and technology and developing innovative models of patient and family centred care.

Students are encouraged to come to school in your casual clothes and bring a gold coin donation to help support such a fantastic cause.

Thank-you,
The Junior School Council
Mothers’ Day High Tea
You can now purchase your tickets for the Mothers’ Day High Tea on Friday 15th April at 11am at Kooyong Lawn Tennis Club. Go to http://www.trybooking.com/KOSP to reserve your place. We also welcome any donations that could be used for fundraising at this event.
Life Skills Program

Year 3 and 4 Term One and Two 2016

Beginning Week 4 Term 1 Wednesday/Thursday
1. 17th/18th Feb
2. 24th/25th
3. 2nd/3rd Mar
4. 9th/10th Mar
5. 16th/17th

Free Family Sessions
To ensure that our students take what they learn in class and integrate those skills into their everyday lives, we will be inviting their families at the end of Term 2 to a free family session. Parents and carers will be invited to attend and will learn techniques and exercises to try at home with the children.

Continuing Week 3 Term 2 Wednesday/Thursday
1. 27th/28th April
2. 4th/5th May
3. 18th/19th May
4. 25th/26 May
5. 1st/2nd June

Training teachers to teach their students to:
- Relax and center
- Focus and concentrate
- Be self-aware and responsible
- Manage anxiety
- Use mindfulness techniques

Through their participation in a series of interactive, progressive lessons students develop their self-awareness, increase impulse control, focus and empathy.

This program combines visual and auditory stimuli with physical movement exercises which will promote:
- Self-discipline
- Improved confidence, resilience and respectful behaviour techniques
- Stronger communication skills
- Improved response to physical change and peer pressure
- Increased balance, posture and natural flexibility
- Increased empathy & understanding of others

The Healthy Life Skills Program enables classroom teachers to build awareness and develop effective social, emotional, health and wellbeing skills in the classroom. This program equips teachers with a range of practical skills, mindfulness techniques and relaxation strategies. It assists teachers’ understanding of how to develop their student’s physical agility, ability to relax, focus and concentrate within the classroom.

The student sessions provided within this program supports our Term One Inquiry Unit “Healthy Minds, Healthy Bodies”.

The cost is $24.00 per Term. The total cost of $48.00 will replace any excursions for Terms One and Two and the Life Education Program in Term 3.
23rd March 2016

Dear Parents

The Chess Club will commence in its regular Wednesday lunchtime (1pm to 1.45pm) slot in Term 2, 2016.

PLEASE NOTE:

<table>
<thead>
<tr>
<th>Session</th>
<th>Date</th>
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<tbody>
<tr>
<td>Session 1</td>
<td>Wednesday 13th April</td>
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<tr>
<td>Session 2</td>
<td>Wednesday 11th May</td>
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<tr>
<td>Session 3</td>
<td>Wednesday 1st June</td>
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<tr>
<td>Session 4</td>
<td>Wednesday 8th June</td>
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<tr>
<td>Session 5</td>
<td>Wednesday 22nd June</td>
</tr>
</tbody>
</table>

The fee for the 5 sessions will be $50.00 per student.

If you wish your child to be involved, please complete the form and return to school with payment by:

Wednesday 20th April, 2016

New members welcome.
The Chess Club will operate in the Year 5 classrooms.

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CHESS CLUB 2016

Term 2, 2016 – Fee $50.00 per child

Child’s Name: .................................. Grade: ........

Child’s Name: .................................. Grade: ........

Child’s Name: .................................. Grade: ........

Total amount enclosed: $............
APRIL 2016

LUNCH ORDERS - *If possible please place correct money in a clean paper bag with your child’s name, grade & order written on the front (NO STAPLES OR STICKY TAPE PLEASE). *If change is required it will be stuck to the outside of the paper bag. *If you do not have a paper lunch bag please include 30c and one will be provided. *If paying for a sibling’s order, please also include their name & class. **If your child has allergies please write on the bag ‘no substitutes’, in case an item ordered is not available.

Greythorn continues to offer lunch orders in keeping with Victorian Government Healthy Eating Guidelines. If an item has a ☯ symbol it is a smart choice and can be chosen every day.

### RIPPER WRAPS
- ☯ Salad Wrap $5.50 (Cheese/Lettuce/Tomato/Beetroot/Carrot)
- ☯ Roast Chicken and Salad Wrap $6.50 (Lettuce/Tomato/Beetroot/Carrot)
- ☯ Ham and Salad Wrap $6.50 (Lettuce/Tomato/Beetroot/Carrot)

### SENSATIONAL SANDWICHES
- ☯ Salad $5.00 (Cheese/Lettuce/Tomato/Beetroot/Carrot)
- ☯ Ham & Salad $6.00 (Lettuce/Tomato/Beetroot/Carrot)
- ☯ Roast Chicken and Salad $6.00 (Lettuce/Tomato/Beetroot/Carrot)
- ☯ Roast Chicken $4.00
- ☯ Roast Chicken w/- Lettuce & Mayo $5.00
- ☯ Ham $4.00
- ☯ Tomato or Cheese or Vegemite $3.00

### Extras
- ☯ Cheese/Lettuce/Tomato/Beetroot/Carrot $1.00
- ☯ Rolls $1.00

### HOT FOOD
- ☯ Spaghetti Bolognaise—Gluten Free $4.50
- ☯ Macaroni Cheese $4.50
- ☯ Baked Potato w/- Cheese &/or Butter $4.50
- ☯ Corn Cobette $1.00
- ☯ Chicken Crackles 4 for $3.50, 6 for $5.00
- ☯ Gluten Free Chicken Nuggets 4 for $3.50, 6 for $5.00
- ☯ Chicken Burger w/- Lettuce and Mayo $4.50
- ☯ Traveller Meat Pie $4.00
- ☯ Pizza – Margarita $4.00
- ☯ Pizza – Hawaiian $4.00
- ☯ Steamed Dim Sims $1.00
- ☯ Hot Dog $4.00
- ☯ Hot Dog w/Cheese $4.50
- ☯ Garlic Bread $1.00

Mayo/Tomato Sauce/Soy Sauce available at no charge

### DAILY SPECIALS
- ☯ Monday—Sushi $3.00 (Fried Chicken or Avocado)
- ☯ Wednesday—Sea Shanty $5.00 (Oven Baked Fish & Wedges)
- ☯ Thursday—Honey Soy Chicken & Rice $5.00

Eat well be active.
**APRIL 2016**

**SNACK ITEMS**

- JUMPYS – Chicken / Salt & Vinegar $1.00
- POPCORN – Plain $1.50
- GINGERBREAD PEOPLE $2.00
- CHOC CHIP COOKIES $1.00
- LITE CHOCOLATE MUFFIN $2.50
- APPLE & CINNAMON MUFFIN (SMALL) $1.50

**DRINKS & FROZEN ITEMS**

- JUICE BOX 100% JUICE – Apple/Tropical $2.00
- NIPPYS ICED MILK Chocolate / Strawberry $2.50
- JUICIES 99% Fruit Juice $1.00
  (Orange/Tropical/Lemonade/Wildberry)

**FROZEN ITEMS**

*(LUNCH TIME COUNTER SALES ONLY)*

**NOT TO BE ORDERED WITH LUNCH**

- ICE CREAM IN A CUP $2.00
- FROZEN YOGHURT (STRAWB/RASP) $2.50

**PLEASE ADD 30c FOR A PAPER LUNCH BAG IF REQUIRED**

**We always need volunteers; without your support the canteen cannot function**

Even if you cannot attend a full session, your assistance is greatly valued.

😊😊😊 **EVERYDAY CHOICE**  😊😊 **SELECT CAREFULLY**  😊 **OCCASIONAL CHOICE**

Get well be active.
Chickenpox

Summary

- Chickenpox (varicella) is a highly contagious viral disease.
- In most cases, chickenpox is mild and gets better without medical treatment.
- The main symptom is a characteristic blistering skin rash.
- Treatment options aim to relieve symptoms, and include bed rest, calamine lotion and lukewarm baths.

Chickenpox (varicella) is a highly contagious viral disease caused by the varicella-zoster virus (VZV). The main symptom is a blistering skin rash. Outbreaks are more common in winter and early spring. Children and adults can be immunised against chickenpox.

Children with chickenpox should not go to school, kindergarten or creche until the last blister has dried. You should tell your child’s school, kindergarten or creche if your child has chickenpox, as other children may need to be immunised or treated.

For most healthy people, chickenpox is mild and the person recovers fully without specific treatment. Complications do occur in approximately one per cent of cases. Chickenpox is more severe in adults and in anyone (of any age) with impaired immunity. Immunisation is the best way to prevent chickenpox.

Symptoms of chickenpox

The symptoms of chickenpox include:

- low-grade fever
- general discomfort, illness or lack of wellbeing (malaise)
- intensely itchy skin rash – appears as small blisters surrounded by irregularly-shaped patches of inflamed skin known as ‘dew drop on a rose petal’ (blisters first form on the body and later on the head and limbs and the blisters usually burst and develop crusts after about five days)
- ulcers – may develop in certain areas, including the mouth and vagina.

Complications of chickenpox

The possible complications of chickenpox include:

- scarring – chickenpox can leave pockmark scars on the skin
- cellulitis – a type of bacterial infection of the skin
- pneumonia – infection and inflammation of the lung can occur in adults and can be fatal
- encephalitis – inflammation of the brain, usually mild, but sometimes severe
- bleeding disorders – rare, but can be fatal
- death – in rare cases.

Complications of chickenpox during pregnancy

Nine out of ten pregnant women have immunity against chickenpox. Although contact with chickenpox is common during pregnancy, few women become infected during pregnancy (approximately three in 1,000 pregnancies have complications caused by chickenpox).

If you have chickenpox for the first time during pregnancy, you can become seriously ill with conditions such as pneumonia, hepatitis and encephalitis. If a pregnant woman is infected with chickenpox in the first 20 weeks of
pregnancy, there is a risk of congenital varicella syndrome, which can cause abnormalities. After 20 weeks, the risk is lower.

The complications for the unborn and newborn baby include:

- scarring of the skin, eye defects, small limbs and neurological abnormalities – if the mother is infected in the first 20 weeks of pregnancy
- shingles in the first few years of life – if the mother is infected between weeks 20 and 36 of pregnancy
- chickenpox in the newborn – if the mother is infected up to four weeks before the birth
- more severe effects for the newborn – if the mother is infected within seven days of the birth.

Shingles occurs in people who have previously had chickenpox, but it does not appear to cause complications to the unborn baby.

Causes of chickenpox

Chickenpox is spread by air-borne droplets from the upper respiratory tract (droplets are caused when the infected person coughs or sneezes) or from touching the fluid from the blisters on the skin. An infected person is contagious for one to two days (possibly five days) before the onset of the rash and remains infectious until the blisters form scabs (usually around day five of the illness).

For chickenpox, the time from infection to the appearance of the rash (incubation period) is around 14 to 16 days. A few days before the appearance of the rash, the person may feel feverish and have a sore throat and headache. The skin may be marked for some months after the rash has cleared.

High-risk groups for chickenpox

People at increased risk of catching or having complications from chickenpox include:

- newborn babies – there is an increased risk of severe illness in the first 28 days of life
- pregnant women – who have not had chickenpox or been immunised for chickenpox
- people who have a weakened immune system – people with leukaemia or Hodgkin’s disease, or those taking immunosuppressive medications, are at risk of longer and more serious illness.

Diagnosis of chickenpox

Chickenpox is usually diagnosed by physical examination. The diagnosis can also be confirmed using tests such as taking a sample of the blister fluid to check for the presence of the virus.

Treatment for chickenpox

In cases of severe illness, treatment with an antiviral medication may be needed. In most cases, chickenpox is mild and gets better without the need for specific treatment. Treatment aims to relieve symptoms and reduce the risk of complications.

Options may include:

- bed rest
- extra fluids to drink – to avoid dehydration
- paracetamol to bring down the fever – aspirin should be avoided because of a possible increased risk of complications
- lukewarm baths with baking soda or oatmeal added to the water – a cup of oatmeal can be put into an old, clean pair of panty hose, then tied and left in the bath while the water runs
- cream, such as calamine lotion, to reduce the itching – if you have a skin problem like eczema, you may need to ask a health professional about other creams you can use
- avoidance of salty or citrus foods
- mittens to prevent scratching – can be worn by babies and young children.
Chickenpox and shingles

As well as causing chickenpox, the VZV can cause shingles in some people who have had chickenpox. Following an attack of chickenpox, the virus becomes latent (lies dormant) in nerve cells in the body. The dormant virus may reactivate and give rise to an attack of shingles later in life.

People who have never had chickenpox illness or been immunised against chickenpox can get chickenpox (not shingles) if they come into contact with the fluid in the blisters of a person with shingles.

Immunisation against chickenpox

Immunisation against chickenpox can be achieved with either of two vaccines. The first is a combined immunisation containing vaccines against measles, mumps, rubella and varicella (MMRV). The second is the varicella vaccine (VV), which immunises only against chickenpox.

Protection against chickenpox is available free of charge under the National Immunisation Program Schedule. In Victoria, immunisation against chickenpox is free for:

- Children at 18 months – Immunisation against chickenpox is given as the combination MMRV vaccine.
- Students in Year seven of secondary school or 12 to 13 years old – Children up to and including nine years – catch-up immunisations are available for children who have not been fully vaccinated.

The VV can be safely given to children who have had chickenpox infection. Two doses of VV give increased protection and minimise the risk of ‘breakthrough’ chickenpox infection. However, the routine administration of 2 doses is not funded and a prescription is required for one dose. The minimum interval between doses is 4 weeks.

Other people for whom immunisation against chickenpox is recommended (but who must pay for it themselves with a prescription) are people who on blood testing are shown to have no protection for chickenpox or have not been immunised against chickenpox.

These at-risk groups include:

- people in high-risk occupations such as healthcare professionals, teachers and childcare workers
- women prior to pregnancy, to avoid congenital or neonatal chickenpox
- women immediately after delivery
- parents of young children
- people who share a house with someone who has impaired immunity.

MMRV is not recommended for people 14 years and over, so people in this age range will be immunised with two doses of VV, a minimum of one month apart. Your immunisation provider can provide more information.

Pregnancy and chickenpox immunisation

If you are thinking of becoming pregnant or are early in your pregnancy, your healthcare professional can check your immunity with a blood test. If you are not immune and not pregnant, you may decide to be immunised before you become pregnant. You must wait a minimum of 28 days after the second VV dose before becoming pregnant.

If you are not immune during pregnancy, you should avoid contact with people who have chickenpox and you should contact your doctor, midwife or hospital as soon as possible if you are exposed to anyone with chickenpox. You will be advised to have an injection of varicella zoster immune globulin (VZIG).

Where to get help

- Your doctor
- In an emergency, always call triple zero (000)
- Emergency department of your nearest hospital
- Local government immunisation service
- Maternal and Child Health Line (24 hours) Tel. 132 229

betterhealth.vic.gov.au
Things to remember

- Chickenpox (varicella) is a highly contagious viral disease.
- In most cases, chickenpox is mild and gets better without medical treatment.
- The main symptom is a characteristic blistering skin rash.
- Treatment options aim to relieve symptoms, and include bed rest, calamine lotion and lukewarm baths.

A vaccine is available to protect against chickenpox.

This page has been produced in consultation with and approved by:

Department of Health and Human Services - RHP&R - Health Protection - Communicable Disease Prevention and Control Unit
FINANCIAL ASSISTANCE
INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government’s commitment to breaking the link between a student’s background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:
- $125 for primary school students
- $225 for secondary school students.
Dear parents and families,

It’s hard to believe that we are at the end of term and our holiday program starts from 29th March. This whole term children showed their sporting abilities in stadium and on tiger turf. Children being leaders has been a huge emphasis at the program as we have a handful of grade 4 and 5 attending. One of our highlights for the term was having a talent show in which children were working in groups and showing their best performances in front of whole group.

Children enjoyed all the activities related to Master chef week, Safety week, Belonging week, Sports week and Cultural week. We are looking forward for more such cool and interesting activities in term 2 as well.

Our Holiday program bookings are still going on so please look at the flyers and do booking accordingly.

OSHClub is excited to announce its partnership with Play On AFL to provide AFL clinics to children at the school. The program is run by AFL approved Coaches with no more than 15 children in each session. Therefore each child will receive the highest quality coaching and mentoring. The program begins on the week commencing the 18th April and runs every Thursday straight after the school bell. The program is open to all children who attend the school not just After Care children. The cost ranges from $15.00 for After Care children to $22.50 for non After Care families. Families may also be eligible for Child Care Rebate and Child Care Benefit reductions in cost. For more details go to http://playonsports.com.au/

See you soon in Holiday program! Have great holidays!

One persons junk is another ones treasure

Parents, if you have any craft items at home that don’t quite fit in the recycle bin, we would love them. Our creative OSHClub students would like to recycle your ‘rubbish’ and turn them into masterpieces. We are looking for old jars, cans, paper rolls, newspapers, scrap material, milk cartons and more. Please make sure items are cleaned prior to bringing them in. Thank you.
Balwyn North Residents Invited to Have One On Us!

Greythorn Primary School is participating in a trial of the world’s first neighbourhood loyalty program, One On Us.

One On Us owners and Balwyn North residents, Nicola and Conrad Harvey, along with their business partners, Patrick and Sharon Ramsden, are testing an advanced prototype of the One On Us loyalty app in the Balwyn North Shopping Village over the next three months ahead of its worldwide launch later in the year.

Shoppers of Balwyn North Village will be the first to experience this new sophisticated technology which is specially designed for neighbourhood shopping centre traders and those who love supporting them. It’s also designed to benefit local communities.

During the trial, shoppers will be able to redeem their reward points for personal treats and rewards at participating shops at Balwyn North Village, or as donations to our school which will be used for special projects and initiatives for the students.

To get involved, all you need to do is download the FREE app onto your smart mobile phone, then start accumulating points when you shop at your favourite Balwyn North Village store participating in the trial.

When you buy something from a shop, your mobile phone will be scanned and your purchase points will upload in real time so you can track your progress instantly.

The One On Us app is built on over 50 years of experience in international retail technology and innovation. Conrad, the former CIO of Coles, and Patrick have led teams pioneering retail technology in Australia, South Africa and the United Kingdom. Now combining their technological expertise, their vision is to transform neighbourhood shopping across the globe for the benefit of traders, their loyal customers and local communities.

As part of the trial launch celebrations, One One Us is offering 500 bonus points to the first 5,000 Balwyn North Village customers who download the app and sign up before 30 April 2016. Look out in your letterbox for details or visit www.oneonus.com.au.

Balwyn North Village traders so far participating in the One On Us trial include:

Village Café      Baker’s Delight – Balwyn North      Amcal – Balwyn North      Salzanos
Solomon’s Flooring Amandas                   Marlys                    Daniels

For more information, visit www.oneonus.com.au or email team@oneonus.com.au.
We’re very excited to be fundraising with Entertainment™ this year. Order your NEW 2016 | 2017 Entertainment™ Books and Entertainment™ Digital Memberships from us today, and 20% of the proceeds contribute towards our School.

Order your new Entertainment™ Book or Entertainment™ Digital Membership before 26 April 2016 and you will receive over $160 worth of additional offers that you can use right away!

Entertainment™ Memberships are packed with thousands of up to 50% OFF and 2-for-1 offers for the best local restaurants, café, attractions, hotel accommodation, travel, and much more!

ORDER FROM US TODAY

Available as a traditional Entertainment Book - or - Digital Membership on your smartphone, your Membership gives you over $20,000 worth of valuable offers valid through to 1 June 2017!

“"The Entertainment Book is such great value! We’ve discovered so many new favourite restaurants and attractions while saving!"

Nancy P. (Via Facebook)

Greythorn Primary School
Annette Lawrie alawrie2@csc.com.au

Thank you for your support!


**PLAY ON AFTER THE BELL!**

**A FUN, PROFESSIONALLY RUN AFTER-SCHOOL CARE AFL PROGRAM FOR BOYS & GIRLS OF ALL AGES.**

WHERE: AT YOUR SCHOOL (Go to After School Care)

WHEN: EVERY THURSDAY STARTING 21 APRIL

Play On Footy powered by Nab AFL Australia provides every school AFL enrolment staff to ensure your child gets the greatest opportunity to develop their AFL skills and enjoy active sports participation.

The cost of this program is for a full term (4 sessions) and may require payment from your Child Care Rebate, VCH and Child Care Benefits (CCC) entitlements.

Register now at: playonfootymc.com.au/register

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**School holidays at Kew Traffic School**

**Come along with your scooter or bike and practice your road safety skills.**

Weekdays from Tuesday 29th March to Friday 8th April 2016

Bookings open 15th March

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**Greythorn Primary School**

**EURO 2016 SOCCER**

**TERM 2 2016**

**KELLY SPORTS**

**GREYTHORN PRIMARY SCHOOL**

**EURO 2016 SOCCER**

**ONLY $60 Earlybird for the whole term at Greythorn Primary School**

**TERM 2 2016**

**Only $80**

**ENROLMENT FORM**

**Champions League Soccer** (other school)

**Awesome Sports** (other school)

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**Dance**

Stop to the beat is a number of sequences to form a choreographed dance routine.

When Monday

Time: 5.45-6.45pm

Classes commence: 11th April

Classes conclude: 9th June

**ENROL ONLINE:**

WWW.BIGSSPORTS.COM.AU

Alternatively, Call the Office at 0422 043 853
JUNIOR HOLIDAY GOLF LESSONS!

If you are aged between 8 and 16, there will be a series of golf lessons at Box Hill Golf Club aimed at beginners and improvers. The sessions will be on Wed 30th & Thurs 31st March and Friday 1st April.

Each session will last 2 hours from 1pm – 3pm and all equipment will be provided. Just wear runners and appropriate clothing for the weather.

The cost will be $95 per child for all three days!

For more information or to sign up please contact James Hull at Box Hill Golf Club on 9808 4519.