On Friday August 5 Jack Billings and Jack Sinclair from the St Kilda Saints Football Club visited the Senior School to talk about healthy eating and wellbeing. The players also talked to us about what they do to keep fit and how they live a healthy lifestyle.

Jack Billings has played 39 games for St Kilda and the most goals he has kicked in one game was four.

Jack Sinclair has played 27 games for St Kilda and the most goals he kicked in one game was two against Melbourne this year.

The players were very nice and gave the school 50 St Kilda footballs. They also gave out many prizes such as hats, bags, drink bottles, flags, footballs, posters and stickers. The players then got us to do some drills such as kicking and handballing. Jack Billings also kicked the ball from one end to the other and nearly got it in the basketball hoop. By Jeff 5P and Green 5J