Edition 4

Ho Ho Hope you find some great bargains!

To advertise in the next edition of the Greythorn Primary Trading Bulletin: Clearly print, type or email your advert. Include sale price and contact number.

Contact details for advertisements: Tel: 9857 9762, Greythorn Primary School office alternatively email: senior.jennifer.l@edumail.vic.gov.au, or culshaw.jennifer.s@edumail.vic.gov.au

The Trading Bulletin is an online publication available on the Greythorn Primary School website. Hard copies are also available at the office and delivered to local kindergartens.

ADVERTISING RATES: $20/half page, $30/full page.

Closing date for next publication: **Wednesday 11th March 2015.**

ENQUIRIES: Jenny at Greythorn Primary School, Tel 9857 9762.

DISCLAIMER: Greythorn Primary School does not endorse or accept responsibility for any of the advertisements.
HOME DELIVERY FROM THE LOCAL SHOPS YOU LOVE!

Home delivered 6 days a week
With convenient delivery windows from 6am to 8pm on weekdays as well as Saturday mornings.

Same-day delivery
Available for orders placed by 1pm

Same prices
In-store and online

www.yourgrocer.com.au
B-Empowered Fitness is a boutique-style method of training for women; allowing each individual to be their best, inside and out. As a mother of two young children myself, I understand the importance of setting an example for our children; I also understand and appreciate that it isn’t always easy to make that time for ourselves, as we so often put our entire family first. Well it’s time we learn to empower ourselves, and to empower each other. Only once we are looking after ‘us’, are we then able to completely be present for, and look after, those around us.

‘Empower a woman – empower a community’  -Kofi Annan

ONE/ONE PERSONAL TRAINING Session 30mins - $40.00
PURCHASE 12 SESSION CARD - $480.00 PLUS 1 FREE SESSION & DIET MEAL PLAN
GROUP CLASSES ALSO AVAILABLE IN TABATA HIIT CIRCUIT & METAFIT - $15.00 (MAX 6 PEOPLE)

BUY HER A GIFT CERTIFICATE FOR CHRISTMAS

SESSION DAYS: Monday, Wednesday, Friday @ 8.30am - 4.30pm
VENUE: Templestowe Village (Personal Training Studio)
BOOKINGS: BIANCA 0403 921 868
EMAIL: bempowerdfitness@gmail.com

...If you want fast results, three sessions per week is recommended, but if you can’t get to me, then try to do what you can either at home, in a park, or whilst taking the kids out for a walk or run.

LIKE US https://www.facebook.com/pages/B-Empowered-Fitness/275145172689095

FOLLOW US @bempowerdfitness

WARNING: YOU WILL SEE RESULTS
The Junior Resilience and Confidence Masterclass for 5 and 6 year old girls and boys

For further details please visit:
BOYS: www.longfordandfraser.com.au
GIRLS: www.shineacademy.com.au

The Curriculum focuses on the early development of:

- Resilience
- Social and emotional skills
- Self-respect
- Manners
- How to make friends
- How to deal with bullies
- Preparing for and settling into school socially and emotionally
- Building a healthy self-confidence
- How to positively handle failure and rejection

The Curriculum is aligned with the current SHINE Academy for Girls and LONGFORD & FRASER programs but tailored in its pitch and delivery to the younger age group.

Term Commencement Dates:

Term 1, 2014: Saturday 8 February
Term 2, 2014: Saturday 3 May
Term 3, 2014: Saturday 19 July
Term 4, 2014: Saturday 11 October
Term 1, 2015: Saturday 7 February
Term 2, 2015: Saturday 18 April

Duration: 8 weeks

Class Environment: supportive, friendly, inspiring high standards

Tutors: Melissa Anderson and Tameka Buckley

Class Activities: games, role-play, competitions, pair and trio work, basic manners drills, gentle feedback, repetition of skills using fun and innovative teaching methods

Location: Brighton Grammar School

Enquiries: 9592 4948
## SUMMER SCHOOL HOLIDAY PROGRAM
12 - 16 Jan 2015, Camberwell Grammar School
19 - 20 Jan 2015, Wesley College (Glen Waverley)
9:00am – 3pm each day

<table>
<thead>
<tr>
<th>Date</th>
<th>Classroom 1</th>
<th>Classroom 2</th>
<th>Classroom 3</th>
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<tbody>
<tr>
<td>12 Jan (Mon)</td>
<td>Lego® WeDo Level 1A: Simple Machines (Junior)</td>
<td>Cubelets and LittleBits Level 2 (Intermediate)</td>
<td>Lego® WeDo Level 3A: Gears (Intermediate)</td>
</tr>
<tr>
<td>13 Jan (Tue)</td>
<td>Lego® WeDo Level 1B: Simple Programming (Junior)</td>
<td>Cubelets and littleBits Level 1 (Junior)</td>
<td>Lego® WeDo Level 3B: Pulleys and Belts (Intermediate)</td>
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<tr>
<td>14 Jan (Wed)</td>
<td>Lego® WeDo Level 2A: The Science of Sport (Junior)</td>
<td>Electronics Level 3: Electronic gadgets (Advanced) <strong>NEW!</strong></td>
<td>Lego® WeDo Level 3E: Intermediate Programming (Intermediate)</td>
</tr>
<tr>
<td>15 Jan (Thu)</td>
<td>Lego® WeDo Level 2B: The Science of Toys (Junior)</td>
<td>Brickmation Level 2 (Intermediate)</td>
<td>**Level 3 Programming with Scratch and Game Design (Advanced) <strong>NEW!</strong></td>
</tr>
<tr>
<td>16 Jan (Fri)</td>
<td>Level 2 Simple Programming with Scratch and Lego WeDo (Int) <strong>NEW!</strong></td>
<td>Brickmation Level 1 (Junior)</td>
<td>Lego WeDo® Level 4A: Lego Design, Build and Program (Advanced)</td>
</tr>
<tr>
<td>19 Jan (Mon)</td>
<td>Lego® WeDo Level 3A: Gears (Intermediate)</td>
<td>Brickmation (Junior)</td>
<td></td>
</tr>
<tr>
<td>20 Jan (Tue)</td>
<td>Cubelets and LittleBits Level 2 (Intermediate)</td>
<td>Lego® WeDo Level 1A: Simple Machines (Junior)</td>
<td></td>
</tr>
</tbody>
</table>

**ENROL ONLINE**

[techkids.com.au]

[0433183695]

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Who can play?

There are two leagues that cater for players of different standards from 7–11 years of age – the Orange Ball League and the Green Ball League.

Where?

GREYTHORN PARK TENNIS CLUB
Cnr. Roberts & Frank St
North Balwyn

When?

TERM 1, 2015
SUNDAY, 15th of FEBRUARY - SUNDAY, 29th of MARCH
* No play is scheduled for the Labour Day long weekend

To get involved, contact: SIMON BATONI, Head Coach Ph: 0409 547 855 E: info@qualitytenniscoaching.com.au


To find out more information, visit hotshots.tennis.com.au
School Holidays Tennis

Kids & Junior Tennis Clinic

Emphasis on skill development, improving your game, Fun Games Ball Machine, and Tournament Play.

AGES: 5 till 16 years old TIMES: 9:00am till 11:00am COST: $90.00 per child

WHERE: Greythorn Park Tennis Club-Corner of Roberts St & Frank St. Balwyn North Mel Ref: 461G3

INCLUDES: Great Prizes during clinic

What to Bring: Each child must also bring a hat, sunscreen and a water bottle and snacks.

FAMILY DISCOUNTS: 10% off for only the 3rd child member if you attend the full 3 days

PLEASE NOTE: All Programs go ahead regardless of weather

January Tennis Clinic Dates

Mon 26th, Tue 27th, Wed 28th January 2015

2015 January School Holiday Clinic Enrolment Form

Childs Name/s: ____________________________ Male  □  Female  □  D.O.B: ________________

Address: _____________________________________________________________

Suburb: __________________________________ City: ____________________________ P/C: _____________

Phone (home): _______________________ Mob: _______________________ Email: _______________________

School/Kinder: ___________________________________________ Parents Name/s: _______________________

Email: ________________________________________________________________

Tennis Experience: □ Total Beginner □ Beginner □ Strong Beginner □ Low Intermediate □ Intermediate

Any known medical condition: ___________________________ Parent's Signature: ___________________________

Holiday Tennis Fees Enclosed $________

Total Amount Enclosed $ ______ (Please circle) Cash, Cheque or Internet Banking (please call us for our banking details)

Cheques and Money Orders made payable to: Quality Tennis Coaching

How do I register my child/children?

It's simple; just contact the Head Coach Simon Batoni on 0409 547 855 or E-mail: info@qualitytenniscoaching.com.au to book your child/s.

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www.qualitytenniscoaching.com.au
Quality Tennis Coaching Program for kids 4+

Quality Tennis Coaching is now bringing all this together to make the game of Tennis more fun and exciting for young players. We focus our lessons on the learning of sound technique, learn to rally, score and learn tactics for matches and having fun.

TERM 1 Starts MONDAY 2nd of February 2015

Blue Stage - Launch Pad Hot Shots 4 - 5 years

Red Stage – Hot Shots 5 - 8 years

Orange Stage – Hot Shots 7 - 10 years

Green Stage – Hot Shots 9+ years

*Junior Development Coaching 11+ years
*Squad Programs / Advanced & Elite
*Adult group coaching Morning/Evening
*Private lessons
*ANZ Hot Shots Leagues Match Play
*School Holidays Tennis Clinic

We offer a FREE COME’ n’ TRY session

*All children who enrol after the first week of coaching will have coaching fees applied on a pro-rata basis

For more information
Contact Head Coach Simon Batoni
Ph: 0409 547 855
Email: info@qualitytenniscoaching.com.au
Greythorn Park Tennis Club
Cnr. Frank St and Roberts St.
North Balwyn 3104
Map 46G3

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*For Medicare cardholders and DVA gold cardholders

www.doctorstoyou.com.au
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**School Readiness intensive Course**

- 4 days Monday - Thursday
- 9:30am - 12pm each day
- School Readiness Workbook
- Library Bag
- Writing Pencil
- Craft Activities

Get ready for BIG SCHOOL in 2015

School Readiness Program is designed for children just about to start school. $250 for full course

**Holiday Workshops**

2 hour sessions $25
2 x 2 hour sessions $40
Includes all craft materials and drinks. Please wear clothes that can get messy.

Tutoring is available through the school holidays, please call to enquire.

Begin Bright Doncaster
doncaster@beginbright.com.au
264B Doncaster Rd, North Balwyn
Call 0431 290 734

www.beginbright.com.au

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We’ve been part of the local community for 25 years and take pride in our local spirit and family-focused service.

At Balwyn we also have an Active Adult membership which is designed for over 50’s, with two dedicated trainers looking after the group in specially supervised gym sessions and group fitness classes.

**Facilities & Programs**

- Strength Equipment, Cardio Equipment, Group Fitness, Cycle Studio, Sauna, Active Adults, Personal Training & Child Care

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**Get started today!**

JUST $4.95 A WEEK FOR YOUR FIRST 8 WEEKS

- FREE GUEST MEMBERSHIP - TRAIN WITH FRIENDS ON WEEKENDS
- LOOK LIKE A PRO WITH A FREE GOODLIFE ACTIVE PACK
- CHALLENGE YOURSELF - DISCOUNTED ENTRY TO THE 12 WEEK CHALLENGE

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- School age • Squad • Adults
- Access & Inclusion

Group or Private Lessons available!

Bookings NOW OPEN for:
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1-11 Arcade Road
Mont Albert North
Phone 9895 2300
Jazz, Funk & Hip Hop Dance!

Move your body... Feel the beat...
Dance like nobody’s watching...

Classes available for:
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Our fabulous teacher, Matilda,
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No costumes or end of year concerts.
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isolation, coordination and rhythm
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3 week ‘Come & Try’ for
$55.00 OFFER NOW ON.

Try us today!

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- Art & craft
- Swimming
- Outdoor Games
- Ball Sports
- Building Cubby-houses
- Special Workshops
- Dress ups
- Performing plays
- Theme days
- And lots more!

Enrol at www.healthways.com.au!

PROGRAM DATES:
- Full day 7.45am-6pm, Regular day 9am-4.30pm, or Half day options. Days booked individually.
- December 2014 — Tues 27th January 2015
- Bookings NOW OPEN!

Healthways Recreation Centre
www.healthways.com.au

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Mont Albert North
Phone 9895 2300
Come TENPIN bowling!


- 8 lanes
- Ample FREE parking
- Glow in the dark lights
- Adjoining Party Room

- Catering & Self Catering options available for parties.

Phone 9895 2300 to book a lane.

Box Hill Tenpin
www.healthways.com.au

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ASC Cricket Camp Dates
- Scotch College, Hawthorn - 15, 16 & 17 December
- Macleay Park, North Balwyn - 22, 23 & 24 December
- Trinity Grammar Sporting Complex, Bulleen - 19, 20 & 21 January

ASC Netball Camp Dates
- Mentone Grammar School, Mentone - 16, 17 & 18 December
- Borroondara Sports Complex, North Balwyn - 22, 23 & 24 December
- Methodist Ladies College, Kew - 12, 13 & 14 January

ASC Soccer Camp Dates
- H A Smith Reserve, Hawthorn - 15, 16 & 17 December
- Macleay Park, North Balwyn - 22, 23 & 24 December
- Trinity Grammar Sporting Complex, Bulleen - 19, 20 & 21 January

ASC AFL Football Camp Dates
- Brighton Grammar School, Brighton - 14, 15 & 16 January

ASC Basketball Camp Dates
- Scotch College, Hawthorn - 15, 16 & 17 December
- Borroondara Sports Complex, North Balwyn - 22, 23 & 24 December
- Brighton Grammar School, Brighton - 14, 15 & 16 January
- Borroondara Sports Complex, North Balwyn - 20, 21 & 22 January

ASC Hockey Camp Dates
- Hawthorn Hockey Centre, Hawthorn - 22, 23 & 24 December

ASC Tennis Camp Dates
- Scotch College, Hawthorn - 15, 16 & 17 December
- Trinity Grammar Sporting Complex, Bulleen - 19, 20 & 21 January

For more information or brochures call ASC on
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OR email admin@australiasportscamps.com.au
OR book online now at australiasportscamps.com.au
OR send in the application form on the back of the brochure

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✓ Small class sizes
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Venues: Glen Iris, Chadstone, Glen Waverley, Canterbury, Doncaster, Rowville & Berwick.

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Classes:- Tuesday morning 9.30 - midday, Tuesday evening advanced 6.30 - 9 pm,
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